

What are you doing online?

What Are You Doing?

Bored or Don't Care



- Sending a message saying "Hello" then not responding to friends
- Not answering family members or close friend's questions

Following the Rules



- Keeping your internet safety promise
- Visiting websites and games you are allowed to be on
- Only talking to people you are friends with offline.

Excited, Angry or Don't Know

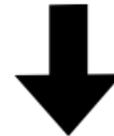
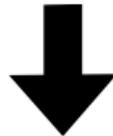


- I saw something online that made me excited, angry or sad
- I am doing something that I haven't talked to a trusted adult about.
- I don't have a rule for what is happening and am not sure what to do.

Breaking the Rules



- Told phone number, address, password or other personal information
- Sending photos without asking a trusted adult first
- Talking to someone other than family friends and neighbours
- Accepting Friend requests or reading emails from people you do not know



What Do I Now?

This is okay!

- Check in with friends to let them know you still care
- Talk to family and important adults to answer questions in person
- Do other hobbies. It is okay to not use social media!

Great Job!

- Talk to trusted adults about what you like to do on the internet
- Keep having fun and being safe

This might be uncomfortable

- Take a break and get off the computer
- Talk to a trusted adult to help you decide what to do next.

Fix the mistake

- Get off the computer right away
- Talk to a trusted adult about what happened as soon as you can!
- Be brave and tell your trusted adult the truth. It is more important to be safe than to worry about getting in trouble