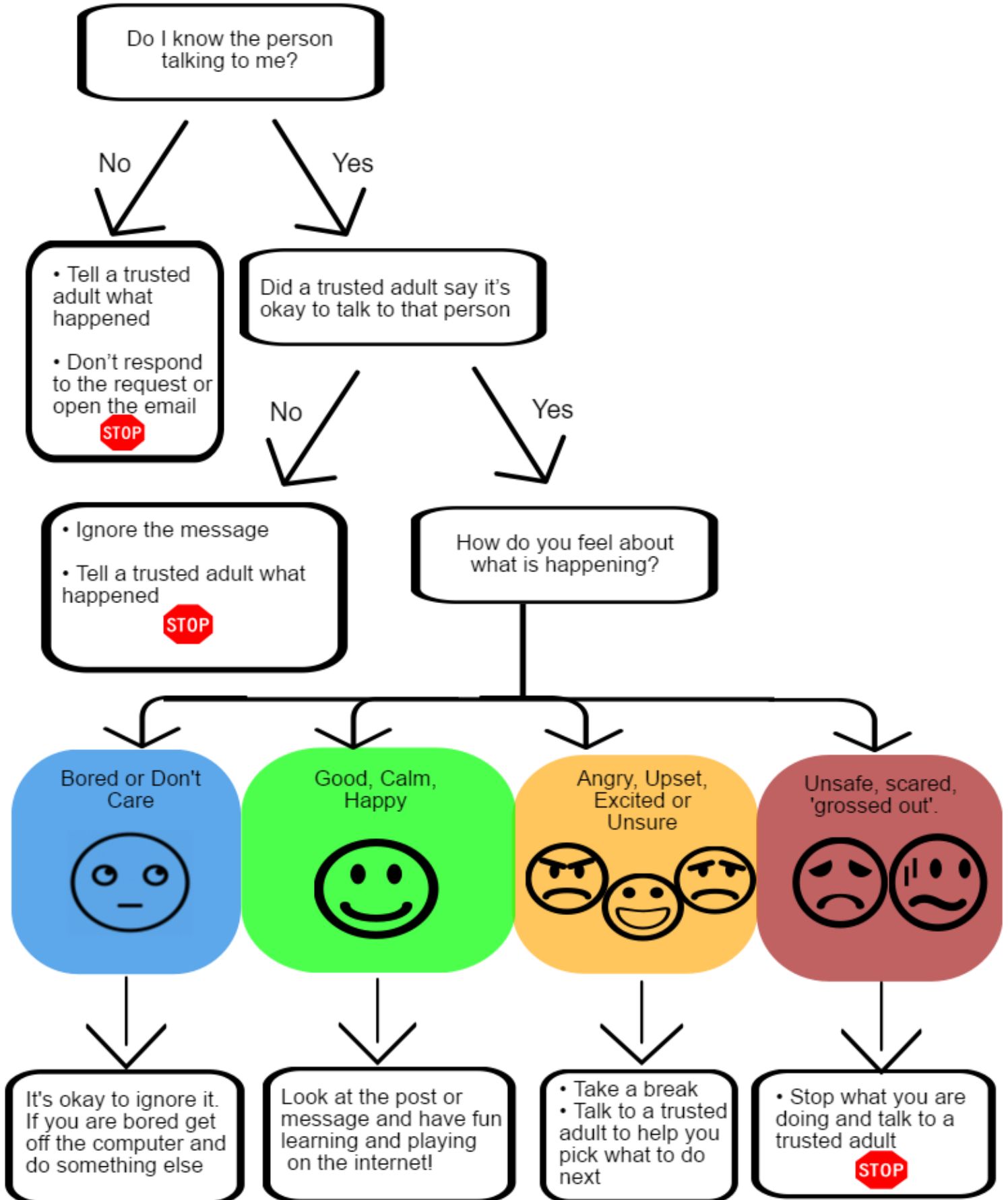


What's Up?

Something is being sent or shared with me online



What's Up?

I want to post or share something online

Do I know who will see what I am sharing or posting?

No

Yes

- Tell a trusted adult before posting
- Talk about who you want to see your posts

STOP

Did a trusted adult say it's okay to share or post?

No

Yes

- Do not post, share, or send your message
- Talk to a trusted adult about the rules of internet safety

STOP

How do you feel about what is happening?

Bored or Don't Care



Good, Calm, Happy



Angry, Upset, Excited or Unsure



Unsafe, scared, or have already posted something that is against the rules.



It's okay to not post or share all the time. If you are bored get off the computer and do something else

What do you want to share, post, or send?

- Take a break
- Talk to a trusted adult to help you pick what to do next

Stop what you are doing and talk to a trusted adult

STOP

